



NEWS RELEASE

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AnMed Health, Williamston EMS team up in honor of National CPR/AED Awareness Week

(June 5, 2013– Anderson, S.C.) – In recognition of National CPR and AED Awareness Week (June 1-8), AnMed Health and Williamston EMS teamed up to provide training and education at the Williamston “Party in the Park” held in Mineral Springs Park on Friday, May 31. Nurses and emergency medical technicians trained more than 120 adults and youth in the American Heart Association’s “Hands Only CPR”. Medical experts also educated event attendees about the importance of calling 911 at the first sign of a cardiac emergency and instructed them in recognizing early heart attack warning signs.

Cardiac arrest is a leading cause of death in the United States and nearly 400,000 out-of-hospital cardiac arrests occur annually. Survival depends on immediately getting CPR from someone nearby. Sadly, 89 percent of people who suffer a cardiac arrest outside the hospital die because they don’t receive immediate CPR from someone at the scene. The American Heart Association’s new “Hands-Only CPR” technique centers around two easy steps: (1) call 911 and (2) push hard and fast in the center of the chest to the beat of the classic disco song “Stayin’ Alive.”

Widespread CPR/AED training and increased awareness about early heart attack care and the importance of calling 911 are critical to saving lives. For more information, please visit: heart.org/handsonlycpr or www.anmedhealth.org

About AnMed Health Heart Attack Care

AnMed Health is nationally recognized for excellence in heart attack care. Earlier this year, the health system received the American Heart Association’s Mission:Lifeline Silver Quality Award for its exceptional standard of care for heart attack patients. AnMed Health also consistently reports heart attack treatment times substantially faster than national benchmarks set by the American College of Cardiology. Located on the AnMed Health Medical Center campus, the AnMed Health Heart and Vascular Center brings expert physicians and staff together with the latest technology to provide exceptional care for patients.

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